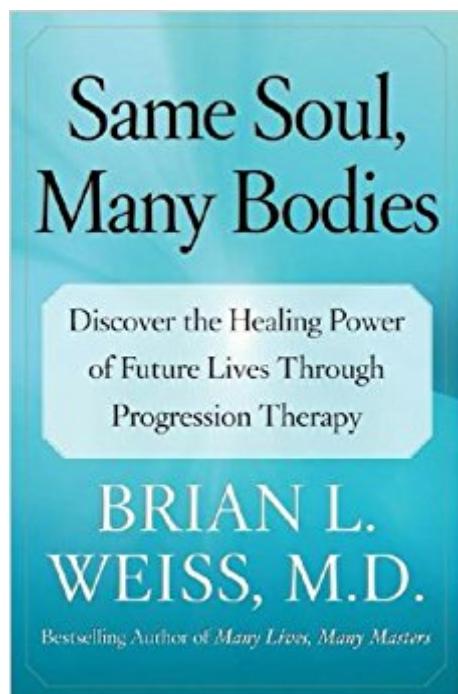


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# Same Soul, Many Bodies: Discover The Healing Power Of Future Lives Through Progression Therapy



## Synopsis

The bestselling author of *Many Lives, Many Masters* breaks new ground to reveal how progression therapy into future lives can help transform us in the present. How often have you wished you could peer into the future? In *Same Soul, Many Bodies*, Brian L. Weiss, M.D., shows us how. Through envisioning our lives to come, we can influence their outcome and use this process to bring more joy and healing to our present lives. Dr. Weiss pioneered regression therapy -- guiding people through their past lives. Here, he goes beyond that to demonstrate the therapeutic benefits of progression therapy -- guiding people through the future in a scientific, responsible, healing way. Through dozens of case histories detailing both past-life and future-life experiences, Dr. Weiss shows how the choices that we make now will determine our future quality of life. From Samantha, who overcame academic failure once she learned of her future as a great physician, to Evelyn, whose fears and prejudices ended after she envisioned prior and forthcoming lives as a hate victim, Dr. Weiss gives concrete examples of lives transformed by regression and progression therapy. A groundbreaking work, *Same Soul, Many Bodies* is sure to deeply affect peoples' lives as they strive toward their future.

## Book Information

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## Customer Reviews

A fascinating story that will open your mind. Explore the mystery, wisdom and wonder of life and love. \* (Bernie Siegel MD, Author of *Life, Medicine and Miracles*) \* A gripping love story that transcends time... this book makes you truly believe that we all really do have soulmates, and that "only love is real". \* (Raymond Moody MD, Author of *Life After Death*) \* --This text refers to an out of

print or unavailable edition of this title.

Brian L. Weiss, MD, a graduate of Columbia University and Yale Medical School, is Chairman Emeritus of Psychiatry at the Mount Sinai Medical Center in Miami. Dr. Weiss is the author of many books, including the bestselling *Many Lives, Many Masters* and *Through Time into Healing*. In addition, he conducts national and international seminars and experiential workshops as well as training programs for professionals. He maintains a private practice in Miami.

I love Dr. Weiss's gentle style of writing. This book gives hope that with self discovery, we can make our lives better.

Accounts by Dr. Weiss ring true. Using regression hypnotherapy he is able to allow a patient to unfold their own healing in visiting past and future lives. The purpose of life is love. Life is a path of lessons and to one day reach immortality in the One.

I would highly recommend this book to anyone on a spiritual quest. It is well written, informative and thought provoking.

I read Dr. Weiss's other book *My Lives, Many Masters*. It was lovely. I was hoping this one would be an amazing second book to read by him, but it was redundant in statements, and far fetched. Stories felt they were rushed to be told (no, it was not me reading it fast haha!) and just overall slightly disappointed ...

This is a fairly recent book by Dr. Weiss, again centered on the experience his patients had during past life regressions. This time though he actually elaborates on the healing power of progression, i.e. having his patients explore possible future lives or life events. He admits that whatever glimpses of the future you may see, it is only one possible future that could be altered by any number of events in between. Dr. Weiss stresses the therapeutical effect of progressions under hypnosis, letting his patients explore different life outcomes based on the different decisions they could be making at their current life forks. There are a few remarkable stories contained in this book, more so than in his other ones (I read most of them). Recalls into the distant past of life on Earth, Atlantis, one episode from the life of Jesus, as well as glimpses into the future 1000 and more years out. Even mentions of life on other planets. Dr. Newton (in whose work you may be interested too if you

are into reincarnation and life between lives) refers to extraterrestrial life forms quite a bit, but this is the first time I saw Dr. Weiss write about the topic. I first had the CD version of this book, but found out later that the book has quite a bit more content. I did not regret buying the book eventually.

From the fiery chapter I was hooked. This book opened my eyes to understanding and optimism of my future selves.

Brian Weiss is truly a master. This particular book is special in that it has a thread running through it of how actions in each lifetime create our learning plan and challenges in future lives. Published in 2005, this is the second time I have read *Same Soul, Many Bodies*. I found it even more meaningful the second time I read it than the first. Dr. Weiss has a message that would profit our world to hear. Our collective embracing of love and rejection of fear is crucial to improving our world and the lives in it. His groundbreaking work is an enjoyable read and a must for anyone trying to understand the universe and our place in it.

Very interesting . I read his first book also. A good read.

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